Richfield & Friess Lake Breakfast Menu

Select at least 3 food items – 1 must be ½ cup fruit
(All menu items count as 1 food item)

Monday-Thursday

Select 1 grain item from the following:
Cereal
Banana Bread
Pop Tart
Muffin
Ubr (Oatmeal Bar)

Select 1 meat/meat alternate from the following:
Yogurt
String Cheese

Select at least ½ cup fruit from the following:
Fruit
Dried Fruit
Juice

Breakfast includes a choice of milk

Friday Only

Cinnamon Roll
Fruit
Juice
Choice of milk

$1.85

Breakfast is offered daily in the café. Daily offerings include: cereal, banana bread, Pop Tart, muffin, Ubr, yogurt, string cheese, fruit, juice, and choice of milk.

JANUARY 2020

HOLY HILL AREA SCHOOL DISTRICT

Menu subject to change. Lunch Price is $3.00. All meals come with choice of low-fat or skim milk. Ala carte milk is 30¢. Fresh Apples offered as a daily fruit choice for grades 5-8.

Monday	Tuesday	Wednesday	Thursday	Friday
Harvest of the Month JANUARY HORSERADISH GROWN LOCAL Eau Claire, WI is home to the world's largest producer of horseradish.		1-Jan **No School Today**	2-Jan Chicken Strips Tossed Romaine Salad Country Mixed Vegetables Steamed Rice Pear Slices	3-Jan Italian Grilled Cheese Tossed Romaine Salad Green Beans Peach Slices Chocolate Pudding
6-Jan Scrambled Eggs French Toast Sticks Breakfast Potatoes Pear Slices Sunset Sip Juice	7-Jan Chicken Enchilada Tossed Romaine Salad Fiesta Rice Refried Beans Fresh Apple Slices	8-Jan Chicken & Gravy Tossed Romaine Salad Mashed Potatoes Fruit Medley Dinner Roll	9-Jan BBQ Pork Sandwich Tossed Romaine Salad Emoji Potatoes Corn Pineapple Tidbits **1st iPhone Introduced**	10-Jan Pizza Pasta Bake Tossed Romaine Salad California Blend Vegetables Peach Slices Garlic Bread
13-Jan Hot Ham & Cheese Sandwich Tossed Romaine Salad Hearty Chicken Noodle Soup Peas Applesauce **National Soup Month**	14-Jan Hot Dog Tossed Romaine Salad Tator Tots Baked Beans Pear Slices	15-Jan Popcorn Chicken Tossed Romaine Salad Glazed Carrots Fruit Cocktail Sliced Wheat Bread	16-Jan Hamburger or Cheeseburger Tossed Romaine Salad Oven Baked Fries Peach Slices Chocolate Chip Cookie	17-Jan Cheese Dunkers & Sauce Tossed Romaine Salad Assorted Fresh Vegetables Pineapple Tidbits Birthday Treat **Happy January Birthdays**
20-Jan Garlic Cheese French Bread Tossed Romaine Salad Assorted Fresh Vegetables Mandarin Oranges Sorbet Cup	21-Jan Salisbury Steak Tossed Romaine Salad Mashed Potatoes & Gravy Pear Slices Sliced Wheat Bread	22-Jan Mini Corn Dogs Tossed Romaine Salad Cheesy Potatoes Baked Beans Peach Slices	23-Jan Meatball Sub Tossed Romaine Salad Parmesan Rotini Noodles Peas Fresh Banana	24-Jan Pepperoni Pizza Wedge Tossed Salad California Blend Applesauce Frozen Fruit Bar **National Compliment Day**
27-Jan Chicken Nuggets Tossed Romaine Salad Fresh Veggies with Zesty Dip Fresh Grapes Dinner Roll	28-Jan Nachos Supreme Tossed Romaine Salad Refried Beans Corn Applesauce	29-Jan Crispy Chicken Drummie Tossed Romaine Salad Mashed Potatoes & Gravy Pineapple Tidbits Sliced Bread	30-Jan **No School Today**	31-Jan **No School Today**

This institution is an equal opportunity provider.