

Richfield & Friess Lake Breakfast Menu

Select at least 3 food items – 1 must be ½ cup fruit
(All menu items count as 1 food item)

Monday-Thursday

Select 1 grain item from the following:

Cereal
Banana Bread
Pop Tart
Muffin
Ubr (Oatmeal Bar)

Select 1 meat/meat alternate from the following:

Yogurt
String Cheese

Select at least ½ cup fruit from the following:

Fruit
Dried Fruit
Juice

Breakfast includes a choice of milk

Friday Only

Cinnamon Roll
Fruit
Juice
Choice of milk

\$1.85

Breakfast is offered daily in the café. Daily offerings include: cereal, banana bread, Pop Tart, muffin, Ubr, yogurt, string cheese, fruit, juice, and choice of milk.

DECEMBER 2019

HOLY HILL AREA SCHOOL DISTRICT

Happy Holidays!



Menu subject to change. Lunch Price is \$3.00. All meals come with choice of low-fat or skim milk. Ala carte milk is 30¢. Fresh Apples offered as a daily fruit choice for grades 5-8.

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><i>did you know...</i></p> <p><i>Applications for free & reduced price meals can be completed any time during the school-year. Contact the main office or food service office for a form.</i></p>					
<p>December's Cabbage Apple Slaw is made with local produce from Sturtevant & Richland Center, WI</p>					
<p>2-Dec</p> <p>Sloppy Joe Sandwich Tossed Romaine Salad California Blend Vegetables Pear Slices Fritos Corn Chips</p>	<p>3-Dec</p> <p>Chili Mac Tossed Romaine Salad Country Mixed Vegetables Orange Wedges Cornbread</p>	<p>4-Dec</p> <p>Cheese Quesadilla Tossed Romaine Salad Black Bean & Corn Salad Cinnamon Applesauce Tortilla Chips & Salsa</p>	<p>5-Dec</p> <p>Meatball Sub Tossed Romaine Salad Parmesan Rotini Noodles Green Beans Mandarin Oranges</p>	<p>6-Dec</p> <p>Cheese Dunkers & Sauce Tossed Romaine Salad Assorted Fresh Vegetables Pineapple Tidbits Birthday Treat  Happy December Birthdays</p>	
<p>9-Dec</p> <p>BBQ Grilled Chicken Sandwich Tossed Romaine Salad Peas Warm Cinnamon Apples Ice Cream Cup</p>	<p>10-Dec</p> <p>Fiesta Baked Potato (taco meat) Tossed Romaine Salad Corn Fresh Apple Slices Tortilla Chips & Salsa</p>	<p>11-Dec</p> <p>Pepperoni Pizza Wedge Tossed Romaine Salad Green Beans Pineapple Tidbits Chocolate Pudding</p>	<p>12-Dec</p> <p>Mini Corn Dogs Tossed Romaine Salad Glazed Carrots Baked Beans Pear Slices</p>	<p>13-Dec</p> <p>Lasagna Tossed Romaine Salad Tuscan Blend Vegetables Peach Slices Garlic Bread</p>	
<p>16-Dec</p> <p>Chicken Nuggets Tossed Romaine Salad Roasted Butternut Squash Pineapple Tidbits Sliced Wheat Bread</p>	<p>17-Dec</p> <p>Oodles of Noodles with Alfredo Tossed Romaine Salad Steamed Broccoli Applesauce Garlic Bread</p>	<p>18-Dec</p> <p>Cheeseburger Tossed Romaine Salad Oven Baked French Fries Cabbage Apple Slaw  Fruit Medley</p>	<p>19-Dec</p> <p>Chicken Soft Taco Tossed Romaine Salad Seasoned Pinto Beans Corn Fresh Grapes</p>	<p>20-Dec</p> <p>Chili Dog or Hot Dog Tossed Romaine Salad Winter Blend Veggies Snow Capped Berries Frozen Graham Treat  It's almost officially Winter!</p>	

This institution is an equal opportunity provider.